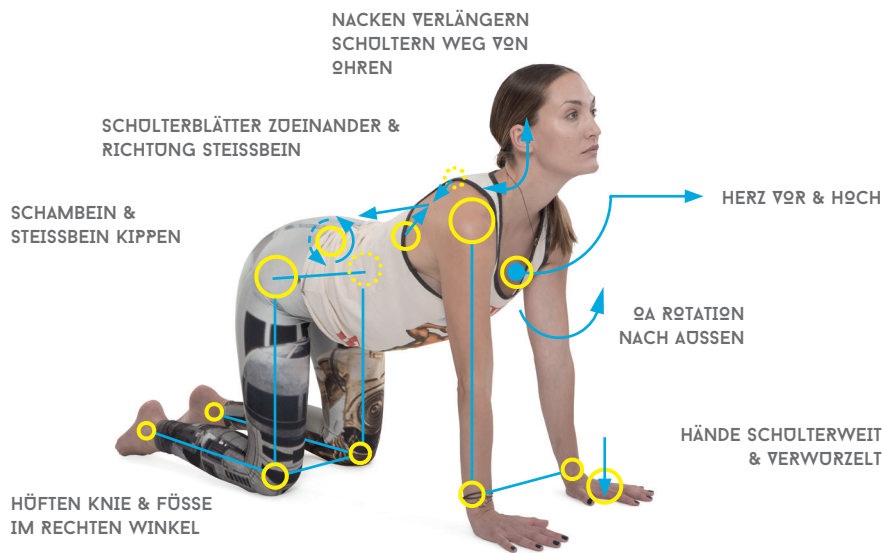


# CHAKRAVAKASANA VIERFÜSSLER IN VARIATION



SCHULTERN ÜBER  
HANDGELENKEN



KNIE & STIRN  
ZUSAMMENFÜHREN

